









Figure 15



Figure 16

Figure 14, 15 and 16: Patient M A S, 43 years old, before and result after 1 year of surgery



Figure 17



Figure 18

Figure 17 and 18: patient C L, 49 years old, with NORWOOD / HAMILTON type VII baldness [1, 2, 12, 13]. On the right the photo shows the result of only one surgical treatment by the associated multiple harvest method (FUT + PLH + FUE) in the 7th postoperative month. In this case, the long hair helped in the art of grafting the units creating a perfect orientation for the case

## Conclusion

The eclectic approach of the donor area in order to obtain FUs (FUT + FUE + PLH) is, in our clinic, the first choice in the treatment of NORWOOD / HAMILTON type V, VI and VII advanced baldness.

Not only because of the increasing of the amount of roots harvested, but also to make it possible to graft the long hairs of the strip, being this the main advantage of this method. This leads to a more efficient restoration of the extensive baldness, especially when it involves the frontal and temporal noble areas, regions in which the grafted hairs need to follow strictly the direction of the remaining ones.

This multiple harvest method was also effective in restoring bald areas with swirls, such as crown and other glabrous regions of the scalp, by the simple use of long the hair in the FUs, contributing positively to a more natural result.

The logistics of the operation will depend exclusively on each professional. We prefer to start by removing the donor strip, performed in three or four phases, having the patient in the supine position.

We performed the multiple methods of harvesting and grafting the FUs in just one day of surgery. However, it can be done in two consecutive days, removing the strip with long hairs (FUT + PLH) and grafting of the FUs on the 1st day, and the FUs (FUE) removing and grafting on the 2nd day. In our case, the surgery on two consecutive days becomes unnecessary due to our experience in hair transplant and the intensive training of our team, making it possible the execution of this multiple method of harvesting and grafting the FUs done in only one surgical event, having an average duration of 9 hours.

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